



strengthening youth and communities through the power of sports

Our Mission

Team-Up for Youth believes in the power of sports to help children learn and grow—socially, emotionally and physically. We pioneer strategies to strengthen and expand after-school sports and physical activity programs that support the healthy development of young people living in low-income Bay Area communities.

TEAM-UP FOR YOUTH ACHIEVEMENTS

- Created over 15,000 new opportunities for young people to participate in after-school sports
- Provided more than \$5 million in support of after-school sports programs
- Placed over 200 coaches in after-school sports programs
- Trained over 1,600 program leaders from 120 programs to improve program quality for more than 70,000 kids
- Supported by a combination of foundations and individual donors
- Leading the field of sports-based youth development as one of a handful of advocates nationwide

The Philliber Research Associates Evaluation

Between 2005 and 2007, an independent evaluation of Team-Up for Youth was conducted by Philliber Research Associates with guidance from a distinguished National Advisory Group consisting of leading authorities in the fields of youth development and education.

The evaluation demonstrates Team-Up for Youth's effectiveness as a leader in the after-school sports field.

- **Kids** in programs that Team-Up supports were able to improve their self-efficacy, build confidence, learn teamwork, build skills, increase their physical activity and make new friends.
- **Community-based organizations** that partner with Team-Up for Youth see the quality of their programs increase as the variety of supports they receive from Team-Up for Youth increases.
- **In low-income communities** where few resources existed beforehand, **Team-Up for Youth has successfully built broad-based and sustainable sports and physical activity programs.**

For more information, please visit www.teamupforyouth.org or contact Lynne Lee at 510-663-9200, ext. 107 or at lynnel@teamupforyouth.org.